

# JEWES AROUND THE WORLD

In this module, we will travel around the world to learn about Jews throughout the Jewish Diaspora, who had to migrate to new places and adapt to their surroundings in order to survive, while keeping their Jewish tradition and history alive. We'll be moving chronologically through time, but every workshop will bring us back to modern day to contextualize the history.

## WORKSHOP 1: ETHIOPIA

RECIPE: CJA'S AFRICAN PILAU RICE



### COOKING CONNECTION

What happens to a family recipe over time? Different sides of the family may use a lot of the same base ingredients and perhaps even similar techniques, but the resulting dishes would have a lot of differences too!



### JEWISH CONNECTION

The Beta Israel in Ethiopia have practiced pre-rabbinic, Torah-based Judaism for thousands of years, despite periods of intense persecution. In the last fifty years, a hundred thousand Ethiopian Jews have immigrated to Israel, creating a vibrant community that has both integrated with Israeli culture and kept their own unique traditions and culture alive.



### EVERYDAY CONNECTION

Looking at Judaism from a values-based approach helps us include all people from all different backgrounds - Jewish and otherwise.

## WORKSHOP 2: INDIA

RECIPE: CJA'S LENTIL DAL



### COOKING CONNECTION

Cochin Jews bond over their unique not just Jewish, not just Indian culinary traditions. Even today in Israel, Cochin Jews continue to blend Israeli and Indian food traditions.



### JEWISH CONNECTION

A set of thousand-year-old copper plates gives us unique insight into the lives of Cochin Jews in India, who lived harmoniously with their non-Jewish neighbors for hundreds of years! Even today, the copper plates are very important objects because they represent these Indian Jews and their respected status in their community.



### EVERYDAY CONNECTION

Just like the copper plates help to define the Cochin Jews, the objects we use in our lives can define us, not just today but also in the future!

## WORKSHOP 3: ITALY

RECIPE: CJA'S "JEWISH-STYLE" ARTICHOKES



### COOKING CONNECTION

Some of the most iconic Italian foods have origins in the Jewish communities of Italy.



### JEWISH CONNECTION

After being forced to move to a separate Jewish district in Venice, Venetian Jews (along with Jews kicked out of other Italian cities) came together to make Ghetto Nuovo a central hub of Jewish life. They filled the town square with art and culture, they built synagogues and high-rises, they joined together in community, and because of that, even today their spirit lives on in Ghetto Nuovo.



### EVERYDAY CONNECTION

When we take the time to get to know each other and learn what each person brings to the table, then we can really become a part of our community. Communities only thrive when everyone brings their full selves to the people around them.

## WORKSHOP 4: ARGENTINA

RECIPE: CJA'S AUTHENTIC ARGENTINIAN CHOCOTORTA



### COOKING CONNECTION

It takes time, patience, and a great deal of effort to become a chef. However, there is huge value in working hard to achieve these goals!



### JEWISH CONNECTION

In the late 1800s, Jewish immigrants to Argentina learned from their non-Jewish neighbors how to effectively work the land and, through a lot of hard work, became gauchos (skilled horsemen) too!



### EVERYDAY CONNECTION

Oftentimes, personal and communal growth only happens when we roll up our sleeves and dive into the unknown head-first. By bravely putting in the hard work, you give yourself the opportunity and time to learn, practice, and get better at new things you may have never even thought you could do in the first place!

## WORKSHOP 5: MEXICO

RECIPE: CJA'S MEXICAN JEWISH CHILAQUILES



### COOKING CONNECTION

A few of Mexico's best-known dishes turn out to have surprising Jewish origins, and culinary influences have gone both ways!



### JEWISH CONNECTION

Today, we're going to celebrate a holiday with Jewish significance, but it's probably not one you'd expect—it's Cinco de Mayo! After this point in history, government policy changed in Mexico and allowed Mexico to become a safe haven for persecuted Jews. This in turn led to Mexico's vibrant Jewish community today, where over 40,000 Jews have created a close-knit, distinct community.



### EVERYDAY CONNECTION

Just like the non-Jewish leaders in Mexico stood up for Jews' religious freedom even though they weren't Jews, we can all advocate for justice for others.

## WORKSHOP 6: CHINA

RECIPE: CJA'S CHINESE LONG BEANS AND TOFU



### COOKING CONNECTION

There are so many people who are challenged in the kitchen and we can meet those challenges together, supporting each other as we learn to make really good food.



### JEWISH CONNECTION

During World War II, Shanghai served as a safe haven for thousands of Jewish refugees (along with hundreds of thousands of Chinese refugees). With very different cultural backgrounds, the Chinese and Jewish refugees were able to come together in a very hard time and find community.



### EVERYDAY CONNECTION

A huge part of building community is being able to connect with individuals and even if we have some differences, the shared experience of pain can bring people together.

## WORKSHOP 7: CANADA

RECIPE: CJA'S CANADIAN VEGETARIAN POUTINE



### COOKING CONNECTION

Fusion cuisine is one of several terms for a style of food that combines the flavors, seasonings and traditional recipes of two or more cultures.



### JEWISH CONNECTION

While America is often thought of as a "melting pot," our neighbor to the north is known by a different metaphor--an "ethnic mosaic." In Canada, Jewish immigrants have been able to integrate and blend their Jewish and Canadian identities into their daily lives.



### EVERYDAY CONNECTION

Multiculturalism and the perspectives, culture, and history each person brings to the mosaic are what make our communities and humanity so beautiful.

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